

# SUPPORT FRIENDS OF APHASIA ~ RIDE EL TOUR!



## Friends of Aphasia

LET'S GET PEOPLE TALKING

Aphasia is a communication disorder that robs individuals of their ability to speak, understand, read, and write. Typically, it results from a stroke, but it can also be caused by a traumatic brain injury, a brain tumor, a brain infection, or brain degeneration.

Friends of Aphasia strives to enhance the lives of those living with aphasia, including individuals who have aphasia, their families, and their community, through efforts to support the following:

- Access to quality, patient-centered therapy services focused on participation in meaningful life activities;
- Development and implementation of community education, advocacy, and outreach programs; and
- Research aimed at advancing innovative and effective aphasia treatment approaches.

For more information visit our website at

[www.friendsofaphasia.com](http://www.friendsofaphasia.com)

### EARN A TROPHY!



Raise \$1,000 or more for

### Friends of Aphasia

and receive an

### El Tour Conquistador

The most prestigious symbol of El Tour

### PACKET PICKUP

#### EL TOUR EXPO

Thursday & Friday  
November 21 & 22

10:00 a.m. – 9:00 p.m.

<http://www.perimeterbicycling.com/el-tour-de-tucson/expo-packet-pickup/>

**You must pick up your own packet. Photo ID required.**

### HOST HOTELS

#### Special Rates at

#### El Tour's

#### Official Host Hotels!

Check it out:

[perimeterbicycling.com/el-tour-de-tucson/travel](http://perimeterbicycling.com/el-tour-de-tucson/travel)

Room blocks are limited and fill up fast

## BANNER-UNIVERSITY MEDICINE 37<sup>th</sup> El Tour de Tucson

*America's Largest Perimeter Bicycling Event  
for Cyclists of All Ages and Abilities*

**Ride 100, 50, 25 Miles or  
Fun Ride of 10, 4, 1 or 1/4 Miles**

### Benefiting Friends of Aphasia



**Saturday, November 23, 2019**

### FEES, CONTRIBUTIONS & HOW TO REGISTER

To ride for Friends of Aphasia in the 2019 El Tour de Tucson, each cyclist riding in the Main Event (100, 50 or 25 miles) pledges to raise \$200 (\$145 for registration and \$55 donation) and each cyclist riding in the Fun Ride (10, 5, 1 mile) pledges to raise \$25 (to cover the cost of registration). Cyclists are encouraged to raise additional donations to support Friends of Aphasia.

#### To register:

- Complete this application and send in with the minimum \$200 (Main Event) or \$25 (Fun Ride) no later than October 29, 2019. Address below.
- Entry fee of \$145 (Main Event) or \$25 (Fun Ride) is passed on to Perimeter Bicycling and is not tax deductible.
- Additional contributions may accompany your application and entry fee. All contributions must be turned in no later than Friday, November 15, 2019. Contributions are tax deductible as allowed by the I.R.S.
- A Friends of Aphasia jersey is available for an additional \$80 charge/donation.

### EVENT BENEFITS

- Entry into El Tour
- El Tour Medallion upon finishing
- Traffic control on the route
- Entry into El Tour Downtown Finish Line Fiesta
- SAG & First Aid support
- Entry into El Tour Bicycle, Fitness and Health Expo
- Electronically timed finish
- El Tour event poster
- Results published in *Tail Winds* newspaper online and posted on [perimeterbicycling.com](http://perimeterbicycling.com)

### CONTACT INFORMATION

Deadline to register is October 29, 2019. Absolutely no registrations after this date.

Mail completed application with minimum \$200 (main event) or \$25 (Fun Ride) entry fee to:

#### Friends of Aphasia

PO Box 12232

Tucson, Arizona 85732

*All checks and money orders are made payable to Friends of Aphasia*

All contributions must be received by November 15, 2019

Learn More:

[info@friendsofaphasia.com](mailto:info@friendsofaphasia.com)

[www.friendsofaphasia.com](http://www.friendsofaphasia.com)

520-730-8428

See next page for application and Rider Waiver Form

# 2019 FRIENDS OF APHASIA EL TOUR APPLICATION & WAIVER FORM

Name \_\_\_\_\_ Fundraising Pledge Level: \_\_\_\_\_

Birthdate \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Country \_\_\_\_\_ Occupation \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_



**Friends of Aphasia**  
LET'S GET PEOPLE TALKING

[www.friendsofaphasia.com](http://www.friendsofaphasia.com)

**Please answer all questions:**

- (1) Check the distance you will ride  
 Main Event: [ ] 100-mile [ ] 50-mile [ ] 25-mile  
 Fun Ride: [ ] 10-mile [ ] 4-mile [ ] 1-mile [ ] 1/4-mile

- (2) Type of bike you will ride. *No Motorized Bikes!*  
 [ ] Road/Hybrid [ ] Mountain [ ] Recumbent [ ] Handcycle  
 [ ] Tandem (separate fees and application for each rider)  
 Name of Tandem Partner \_\_\_\_\_

- (3) How much are you enclosing now? (*See Fees & Contributions on reverse*)

<b>Main Event Contributions* (min \$200 by Oct 29)</b>	\$ _____
<b>Fun Ride Contributions (min \$25 by Oct 29)</b>	\$ _____
All checks and money orders made payable to <b>Friends of Aphasia</b> <b>All registrations must be received by October 29, 2019</b> *\$145 of this covers the registration fee to Perimeter Bicycling. \$20 of each entry fee is a donation to El Tour's primary beneficiary	

- (4) If paying by credit card, please complete the information below.  
 [ ] Visa [ ] MasterCard [ ] Discover
- Card No. \_\_\_\_\_
- Exp. Date \_\_\_\_\_ Security Code on Back \_\_\_\_\_
- Name on Card \_\_\_\_\_

- (5) El Tour T-shirt size (circle one)  
 Adult S M L XL XXL Youth Medium

- (6) Where are you staying for the event?  
 [ ] Home [ ] Family/Friends  
 [ ] Hotel, please list: \_\_\_\_\_

- (7) **Please check that you read and agree to the following:**

- Aerobars are not permitted  
 CPSC-approved helmet must be worn  
 There are no refunds or transfers  
 Photo ID required for packet pick up  
 I understand that headsets/earbuds blocking both ears is prohibited.  
 I read and signed the Rider Waiver form below

- (8) **I will donate an additional \$80 or more and would like a Friends of Aphasia jersey.** Circle size:  
 Adult S M L XL XXL

**Please read all information on reverse side**

## 2019 EL TOUR DE TUCSON RIDER WAIVER FORM: ALL RIDERS MUST READ AND SIGN THIS FORM

As a participant in El Tour de Tucson, I must obey all laws of the State of Arizona that may apply to my activities during this event, especially traffic laws. All traffic signals, devices and other traffic rules apply to me during this event. Unless instructed to the contrary by a law enforcement official, I must comply with all traffic regulations. This event finishes at 5:00 p.m. on ride day and all course support will be closed. In signing this waiver I agree to be totally responsible for my own safety and support after 5:00 p.m.

In consideration of my signing this agreement, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages, including, but not limited to the loss of my bicycle, helmet or any other personal items, I may have against the State of Arizona, Arizona Department of Transportation, Arizona Department of Public Safety, City of Tucson, Town of Marana, Town of Oro Valley, Diamond Children's Medical Center, Banner-University Medical Center, Friends of Aphasia, Pima County, Perimeter Bicycling Association of America Inc., any and all governmental and tribal agencies and any and all underwriters and their representatives, successors, and assigns for any and all injuries suffered by me as a result of taking part in this bicycling event and any related activities. I attest that I will participate in this event as a bicycling entrant; I will wear a CPSC-approved bicycle helmet; that I am physically fit and have sufficiently trained for the completion of this event and that a licensed medical doctor has verified my physical condition. Further, I hereby grant full permission to any and all the foregoing to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose. I understand that aero-type and other similar auxiliary handlebars and motorized bikes are prohibited in this event and that utilizing them will result in being disqualified. I also understand that I am responsible for familiarizing myself with and obeying the rules of this event, available at [www.perimeterbicycling.com](http://www.perimeterbicycling.com). I understand that I am responsible for all my personal items including, but not limited to, cameras, cell phones, clothing, bicycles, etc. and shall not leave them in the care of any event staff, volunteers, officials, etc. **Furthermore, I understand all fees and collected contributions are not refundable or transferable to another person or event. Rider Numbers are also not transferable to another person or event.**

The event utilizes open public roads, which may or may not be maintained by local municipalities, cities, counties, and/or the State. The event is not responsible for the condition and maintenance of the roads. Road hazards are always possible and in entering this event, and signing this waiver, I agree and understand that I must be alert to all road hazards, including but not limited to: pot holes, uneven pavement, road cracks, road debris, unfinished construction, and motor vehicle traffic.

**I understand that I will receive a "chip" (transponder) so I can be timed in this event. I understand that I am responsible for properly mounting the device to my bicycle and that improper mounting may result in NO TIME being recorded.**

Rider's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian (if rider is under 18) \_\_\_\_\_ Date \_\_\_\_\_

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